

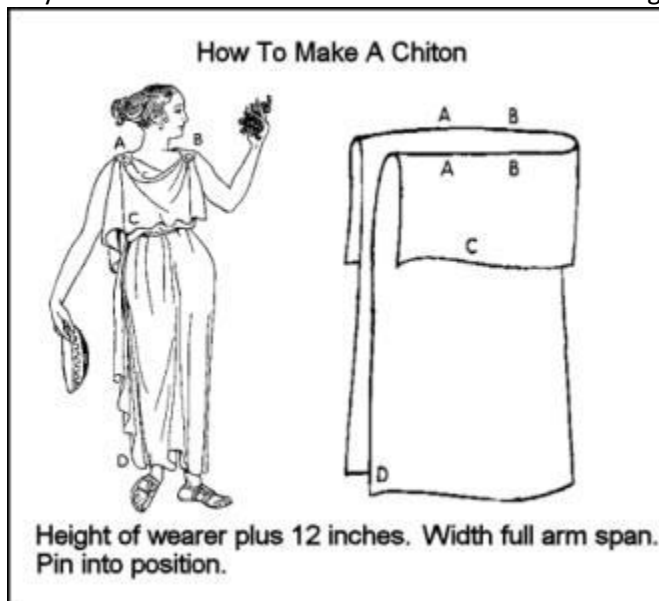
## What's the Difference Between a Toga, Stola, or Chiton?

(Definitions from Wikipedia...)

The chiton is something roughly like a tunic. It would have fastenings at the shoulders and along a seam such that it was closed on both sides. The toga, on the other hand, was made of a single semicircular piece of cloth which was elaborately draped so as to form a garment. Wikipedia has details on the restricted social situations in which the toga would be worn:

### Chiton

A chiton was a form of clothing and is a sewn garment, unlike the peplos, a draped garment held on the shoulders by a fibula. There are two forms of chiton, the Doric chiton and the later Ionic chiton. The "Doric" style was simpler and had no "sleeves", being simply pinned, sewn, or buttoned at the shoulder. The "Ionic" style was made of a much wider piece of fabric, and was pinned, sewn, or buttoned all the way from the neck to the wrists and the excess fabric gathered by the zone or girdled at the waist.



### Toga

The toga, a distinctive garment of Ancient Rome, was a cloth of perhaps 20 ft (6 m) in length which was wrapped around the body and was generally worn over a tunic. The toga was made of wool and the tunic under it often was made of linen. After the 2nd century BC, the toga was a garment worn exclusively by men, and only Roman citizens were allowed to wear the toga. After this time, women were expected to wear the stola; to distinguish prostitutes from respectable women, prostitutes were required to wear the toga.

<http://www.lauraerobinson.co.uk/images/infographic06.jpg>

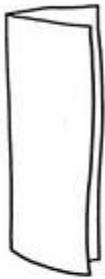
Video: [http://www.youtube.com/watch?v=\\_4hWqIW--rQ](http://www.youtube.com/watch?v=_4hWqIW--rQ)

Instructions for several no-sew togas: <http://www.wikihow.com/Tie-a-Toga>

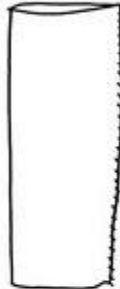
## Stola

The stola was the traditional garment of Roman women, corresponding to the toga, or the pallium, that was worn by men. The stola was made of linen. Originally, women wore togas as well, but after the 2nd century BC, the toga was worn exclusively by men, and women were expected to wear the stola. At that point, it was considered disgraceful for a woman to wear a toga; wearing the male garment was associated with prostitution and adultery.

How to make a Roman dress or "stola"  
n.b. respectable women and girls NEVER wore togas;  
only men, boys and women of ill-repute did!



Step 1  
take a single  
flat sheet  
(or similar)



Step 2  
sew up the  
two straight  
edges to make  
a tube



Step 3  
make little  
"rabbit ears"  
of cloth or  
sew on buttons,  
to make two  
arm holes and head

Add a funky-looking ethnic belt and make a coin purse of felt, wool or leather. Add some fun Roman-looking jewellery and Roman-type sandals. Top it all off with a pashmina "palla". And whatever you do, don't call it a TOGA!